

Wiggle To 100

Prep Work -

1. Print off the two copies of the numbers cards on colored paper. Print off the operation signs on a different colored paper. Print off the action cards on a different colored paper.
2. Cut out the cards.
3. Print off the game board - 100's chart
4. Provide game markers

Directions -

Players take turns

1. Drawing two number cards, one operation card,
2. Creating an expression with the numbers and operation cards.
3. Solving the problem
4. Doing the action card as many times as the answer to the problem
5. When they successfully complete the action card, they may move forward that many times on the hundreds chart.
6. The first person to 100 wins!!

Number cards: Print two copies in the same color

0

1

2

3

4

5

6

7

8

9

10

11

Operation cards: Print one copy in a different color than the number cards

$+$	$+$	$+$
$+$	$+$	$+$
$-$	$-$	$-$
$-$	$-$	$-$

Action Cards: Print one sheet in a different color than number and operation cards.

Do sit ups	Run in place For <hr/> Seconds	Do jumping jacks
Touch your right toe with your left arm and then your left toes with your right arm Stand up in between each touch	Touch your chin to your right shoulder and then your left shoulder	Touch your ear to your right shoulder and then your left shoulder
Do big arm circles	Do small arm circles	Lift your arms straight up and then bring them back to your side (do not bend your elbows while doing this)
Touch your right elbow to your left knee and then your left elbow to your right knee	Jump while lifting your knees as high as you can	Do squats

<p>Touch the floor without bending your knees</p>	<p>Jump rope</p>	<p>Run in place for _____ seconds</p>
<p>Do karate kicks with just one leg</p>	<p>Do standing crunches</p>	<p>Do a kick on the right leg and then the left leg</p>
<p>Make 90 degree turns while hopping on both feet</p>	<p>With straight arms, clap your hands in front of you and then behind you</p>	<p>Kick your right leg and touch your toe with your left hand</p>
<p>Kick your left leg and touch your toe with your right hand</p>	<p>As you jump try to touch the sky, and as you come down touch the ground</p>	<p>Touch your left elbow with your right hand, and your right elbow with your left hand</p>

Wiggle To 100

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70
71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	86	87	88	89	90
91	92	93	94	95	96	97	98	99	100