

STANDING FIRM

Putting on the
**ARMOR OF
GOD**



by Rachel P Capes

Copyright Rachel Capes 2017

All rights reserved. This book or parts thereof may not be reproduced in any form, stored in any retrieval system, or transmitted in any form by any means—electronic, mechanical, photocopy, recording, or otherwise—without prior written permission of the publisher, except as provided by United States of America copyright law. For permission requests, write to the publisher, at "Attention: Permissions Coordinator," at the address below.

youvegot.this@yahoo.com

Scripture quotations marked (CEV) are from the Contemporary English Version Copyright © 1991, 1992, 1995 by American Bible Society. Used by Permission.

Scripture quotations marked (NIV) are taken from the Holy Bible, New International Version®, NIV®. Copyright © 1973, 1978, 1984, 2011 by Biblica, Inc.™ Used by permission of Zondervan. All rights reserved worldwide. www.zondervan.com The "NIV" and "New International Version" are trademarks registered in the United States Patent and Trademark Office by Biblica, Inc.™

Scripture quotations are taken from the Holy Bible, New Living Translation, copyright ©1996, 2004, 2007, 2013, 2015 by Tyndale House Foundation. Used by permission of Tyndale House Publishers, Inc., Carol Stream, Illinois 60188. All rights reserved.

Clip art by: EduClips, Stars, Doodle Art by Jenny, and Wonder Bug Graphics.
Handwriting font is by Jamie Harnar. They can all be found on TpT.



Dear parents and guardians,

Welcome to a study all about the Armor of God designed just for your kindergartner, first, or second-grade student.

In this book there are 15 lessons that will take your child through 10 verses in Ephesians 6.

Each lesson will last 20 - 30 minutes, and your child will need a pencil, colored pencils, and a Bible to complete the lessons. Some lessons may take a little longer, so if you feel like your child is losing interest or can't sit still any longer, call it a day. You can finish it up tomorrow.

During the study, the children will be searching within the verses for answers to different questions. They may be circling words, underlining words, and/or drawing arrows. Though the study is written for younger children, some verses may be a little harder to understand. You may find they require an explanation and further conversation between you and your child. Those conversations can be the best part of the study, providing even more learning and understanding. You could also look it up in an easier version.

After each lesson there is a handwriting page where your child can write out God's word.

In the back of the book there are a list of activities to go along with each weapon. When I did this study with my 5 and 6 year old, we would finish all the lessons on one weapon and then take a break from the study to do one or two of the activities. It was a great way to review the lesson and allow it to sink into my little ones hearts. If you purchased a hardcopy of this study, you can check out my Pinterest page, ***You've Got This***, and find my board *Armor of God* to make finding activities a little easier.

There are a **few** places in the study where the children are to find verses that are specific to their needs. If you need help finding one, check out crosswalk.com. You can type in the subject your child is requesting , and verses that match it will come up.

Thanks for joining me in teaching our children to stand firm for God, and be warriors in our World.

Rachel Capes



Soldiers For God

Today we get to start a fun study of 10 verses in Ephesians.

Paul wrote Ephesians to the church in Ephesus. While he was writing it, he was in a prison in Rome. Ephesians is a special letter. Many of his letters to other churches were written to deal with problems in the church. The letter to Ephesus was actually written to protect against future problems.

This letter is all about how Christians should live in their homes, church, work, or school.

The part we will be studying now is Ephesians 6: 10 - 20. Read it now and draw a picture showing what this passage is about.



Did you draw a picture of a soldier?

We get to learn about how to be soldiers for God, and how to put on His armour. Look back at verse 17.

What does the sword represent?

Yes, the sword is *God's Word*, or the Bible. We will talk more about this verse later, but I'm going to challenge you to pick up your sword now by memorizing the passage we will be studying.

Do you think you can memorize these 10 verses?

The next page has a picture of a soldier and the verses reference number are written on it. As you memorize each verse you can color in that part of the picture. By the time you finish, you will have memorized all ten verses and will be on your way to picking up the sword of the Spirit.

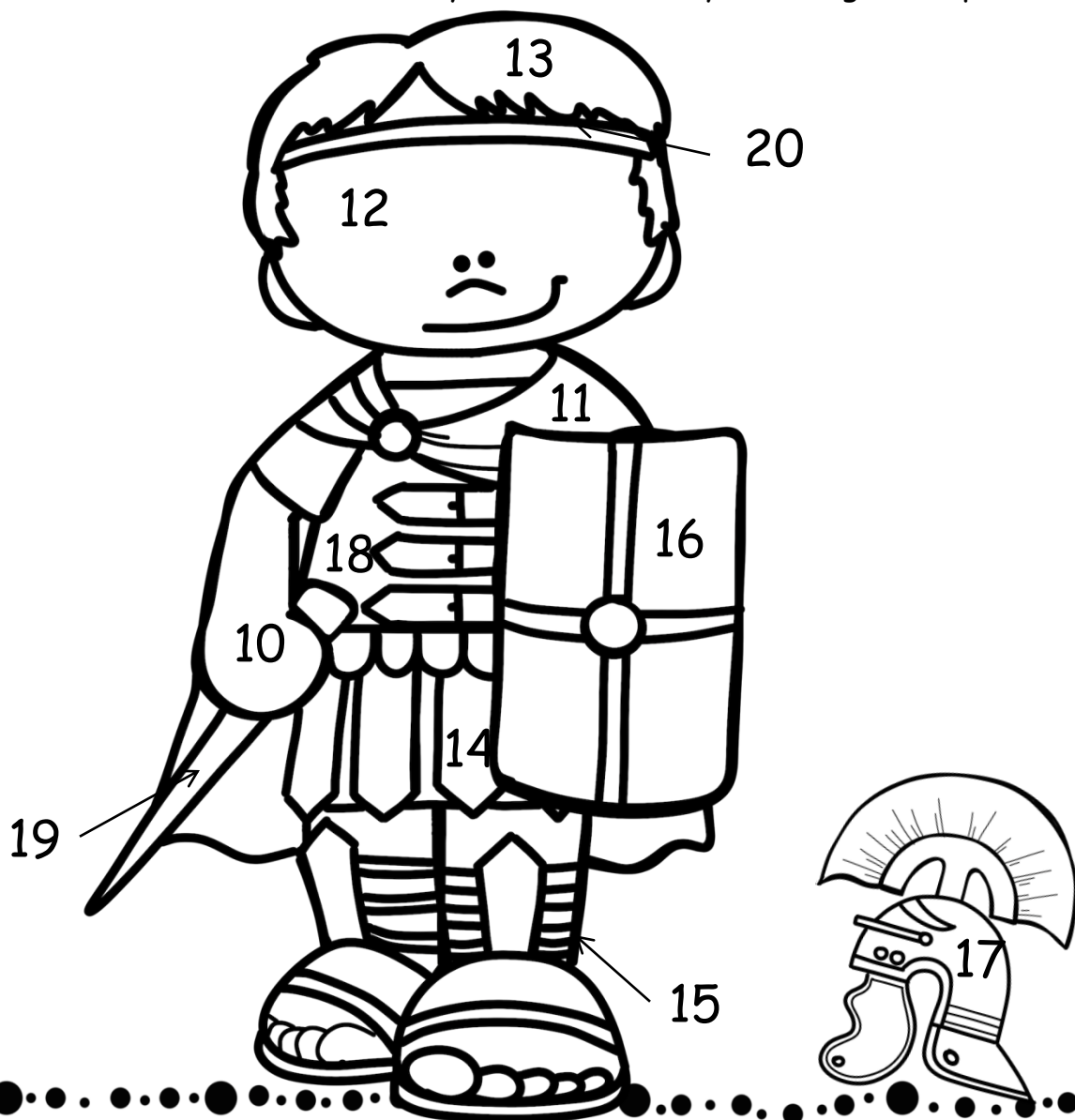
Today start working on memorizing Ephesians 6:10, and tomorrow we will learn more about what this verse means.



*Soldiers
For God*

Ephesians 6:10 - 20 NIV

10 Finally, be strong in the Lord and in the strength of his might. 11 Put on the whole armor of God, that you may be able to stand against the schemes of the devil. 12 For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places. 13 Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm. 14 Stand therefore, having fastened on the belt of truth, and having put on the breastplate of righteousness, 15 and, as shoes for your feet, having put on the readiness given by the gospel of peace. 16 In all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one; 17 and take the helmet of salvation, and the sword of the Spirit, which is the word of God, 18 praying at all times in the Spirit, with all prayer and supplication. To that end, keep alert with all perseverance, making supplication for all the saints, 19 and also for me, that words may be given to me in opening my mouth boldly to proclaim the mystery of the gospel, 20 for which I am an ambassador in chains, that I may declare it boldly, as I ought to speak.





Our Strength Comes From God

How did it go yesterday? Were you able to memorize Ephesians 6:10?

Go ahead and say it, or spend a few more minutes working on it!

Good job!! Now, let's learn more about this verse!!!

One way to study the Bible is to find words in one verse and then look at other verses in the Bible that use the same words. We will be doing a lot of that in this study. We will be using colored pencils to underline words that are the same and draw arrows to the part of the verse that tells us what it means. So grab a couple of colored pencils and we will get started!

In one color, underline what God wants us to do, and in another color circle HOW we are to do it.

Ephesians 6:10 NIV Finally, be strong in the Lord and in his mighty power.

What does God want us to do?

Yes, he wants us to be strong. What do you think God means when he says be strong?

God does not want us to sin or do wrong things. When we want to do something wrong and we don't do it, we are being strong. What types of sin do you struggle with?

Did you say stuff like bad attitudes, lying, not sharing, not being obedient, or saying words that are not nice? That is what my family and I said, too.

When we do those things, we are not being strong in the Lord, but it is hard not to do those things, right?

Here is the exciting part. God does not expect us to be strong on our own. Do you remember what the second part of the verse said?

Yes, we are to be strong using HIS mighty power, not our own weak power.

When we ask Jesus to forgive us for our sins, and accept His gift of salvation we receive an incredible gift. According to John 14:26, the Holy Spirit comes and lives with us, and to help us. But what does he help us with??

Let's find out by reading the verses on the next page.



Our Strength Comes From God

In one color, underline any word that talks about the Holy Spirit.

In a different color, circle the words that tells how the Holy Spirit helps us.

There may be more than one in each verse!!!!

<p>John 14:26 NIV But the Helper, the Holy Spirit, whom the Father will send in my name, will teach you all things and remind you of everything that I have told you.</p>	<p>Romans 8: 13 NIV For if you live according to the flesh, you will die; but if by the Spirit you put to death the misdeeds of the body, you will live.</p>
<p>Galatians 5: 22 – 23 NIV But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law.</p>	



*Our Strength
Comes From God*

Did you figure out that the Holy Spirit is here to help us stand firm and not live lives full of sin?

He teaches us what we need to know about Him, and is always there to remind us of what we have learned.

He helps us get rid of our misdeeds, our sins, and do what is right!

And He can help us live lives full of love, joy, peace, self-control and much more.

We can't do any of that on our own, but we can when we have the Holy Spirit living in us.

If you have accepted the gift of salvation, then spend time praying today that you will listen to the Holy Spirit, and that you will rely on HIS strength to help you do what is right.

To finish up today, draw a picture to help you remember one way the Holy Spirit helps you.



*Our Strength
Comes From God*

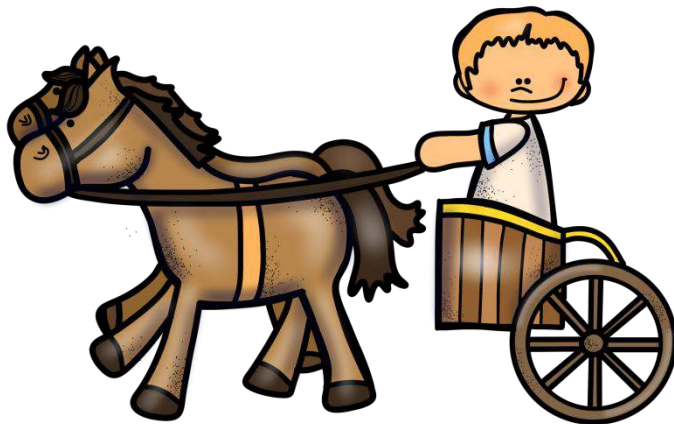
Ephesians 6:10 Be

strong in the

Lord and in the

strength of his

might.





Stand Firm

Over the past few days, we have learned about who our enemy is and that we are only to fight Him with the strength from God.

Today, we are going to talk about what happens when we put on the armor of God.

There are two cool words that we are going to learn about. They are CAUSE and EFFECT.

It kind of goes like this. Something happens (that is the cause) and the effect is the result or what happens after.

For example, you do a special job for your parents. That is the cause. An effect may be you get an allowance or a special treat.

Maybe you say something mean to a brother or sister (cause). An effect may be that you get in trouble.

Can you come up with your own? Draw a picture or write a sentence in the boxes below.

Cause	Effect